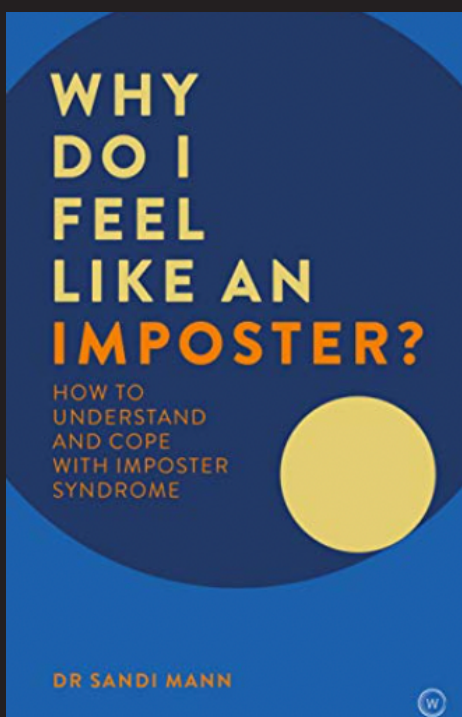


WHY DO I FEEL LIKE AN IMPOSTER?: HOW TO UNDERSTAND AND COPE WITH IMPOSTER SYNDROME



Author: Dr. Sandi Mann

"This is a psychological phenomenon known as Imposter Syndrome. This book examines the reasons why up to 70 percent of us are developing this syndrome – and what we can do about it. "



The Imposter Syndrome tends to be very prevalent in the early days of a new role. It is good to invest some time in this and the other resources provided here whenever you feel less than confident because confidence drives your destiny.

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